

WHAT IS CLAIMED IS:

1. A cable structure for weight lifting exerciser, comprising:

a core comprising a braid of steel wires;

a first Nylon layer wrapped to an outer periphery of the core and a

5 second Nylon layer wrapped to an outer periphery of the first Nylon layer, the first Nylon layer and the second Nylon layer having different colors.

2. The cable structure as claimed in claim 1, wherein a mediate layer is sandwiched between the first Nylon layer and the second Nylon layer.

3. The cable structure as claimed in claim 2, wherein the mediate layer is
10 woven to be a desired pattern.

4. The cable structure as claimed in claim 1 further comprising a central wire made of Kevlar and the steel wires located around the central wire longitudinally.